

A NEW FACESM: Facial Plastic Surgery
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POST TREATMENT CHECKLIST FOR HYALURONIC ACID (Restylane®) FILLER

Patient Name: _____ **Date:** _____

1. Immediately after the treatment, the most commonly reported side effects were temporary redness and swelling at the injection site. These effects typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling. If the symptoms persist beyond 2-3 days, please contact us as soon as possible at 706-844-2871.
2. Avoid touching the treated area within six hours following treatment. After six hours the area may be gently washed using soap and water.
3. Until the initial redness and swelling have resolved avoid exposure to the treated area to intense heat-tanning booths, sunbathing or sun lamp
4. If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. Speak to your physician about medications that may minimize this.
5. Avoid taking aspirin, aspirin containing products and non-steroidal anti-inflammatory medications, St. John's Wort, and high doses of Vitamin E supplements for one week after treatment. These agents may cause increased bruising and bleeding at the injection site.
6. Avoid exercise and alcohol for six hours post treatment.
7. Evidence shows that having a follow up treatment before the product has fully dissipated will enhance the lasting effect. Please be sure to consult your physician about recommendation for touch up or follow up treatments.

The above instructions have been explained to me, and I understand the contents of this post-operative instruction sheet.

Patient Signature

Date